



Annual Report 2016



JOY FOUNDATION

“Providing development opportunities to the marginalized segments of the society”

Acknowledgement

Joy Foundation duly acknowledges and admits the tireless efforts of all the partners, who provided not only financial assistance to improve the capacities of our beneficiaries in the target areas.

Joy Foundation also acknowledges the valuable services of head office staff for dedication for the effective implementation of the project activities.





Disclaimer

The information enclosed in this document is provided solely as a source of communication and knowledge sharing. It does not mean to convey any disclosure of beneficiaries through images or scripts; neither it means to show to sufferers as a helpless creature. Therefore, no social or legal action can be raised against Joy Foundation or its allies.

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Joy Foundation Strategic Direction

JOY FOUNDATION is a non-profit; developmental organization started by group of young people in March 2005 and got registration in June 2009 under Societies' Registration Act, 1860. The Organization operates independently regardless of religious, political or economic influences. The organization started its work along with a community center for disabled people in Toba Tek Singh District.

Along with its extended activities in other fields, at present Joy Foundation is actively involved with the downtrodden, for the development of most neglected and oppressed communities' of both rural and urban areas of district Toba Tek Singh and neighboring districts. Women Empowerment, Education, Climate Change, Emergency Relief, Disabled Empowerment, Youth Empowerment, Interfaith Harmony and Peace Building, WASH and Health are the major initiatives of Joy Foundation.

Mission

Our mission is to strengthen the dignity of people and enhance their capacity to raise their voice to access their basic rights through capacity building, institution development, participation, equal opportunities at every level by ensuring sensitization and education on the social issues.

Vision

Our vision is to create such an oppression-less, non-discriminatory society, where all the citizen have access to equal rights, freedom and opportunities in ways that enable them to live safe and dignified lives and thereby get opportunities to express their creativity. The mode to achieve this is through raising collective voices in sustainable manner.

Objectives

- ❖ To undertake human development without any discrimination based on creed, race, colors, language and nationality.
- ❖ To help the children with education, food, good health, information and awareness about Hygiene.
- ❖ Building capacity of the local youth by transforming skills & give them opportunities to become leaders to create peace and harmony in the society.
- ❖ To protect women's health and empower them socially, economically and politically, so that they can participate in every sphere of life with equal opportunities.
- ❖ To assist the disabled in the process of rehabilitation and reformation.
- ❖ To assist people in emergencies and help the communities to identify practices to tackle the climate change issues.



Director Speaks

Like past few years, the year 2016 also arose with several challenges, locally, nationally as well as globally. The major issues includes Climate change, Clean Drinking Water, Education, Energy Crisis, Poverty, Peace & Justice remained at forefront. Despite these challenges, Joy Foundation team along with its partners played its role to tackle these challenges to create relief in the lives of the target communities. We can say that the efforts of Joy Foundation has brought many dreams turned into reality.

At present, Joy Foundation is doing tremendous struggle in the field of education. Our Formal Education Schools and Inclusive Education Centers are contributing towards the education of children at grassroots level. Our focus had had been towards the Women and Youth Empowerment, to provide them opportunities to learn and become ambassadors of peace and women to learn skill, so that they can earn themselves instead of depending on others.

At the same time, Promoting Interfaith Harmony; bringing together religions to spread the message of peace and love. Along with this, provision of Health awareness and Hygiene facilities to the most vulnerable communities.

I would also like to thank all our staff members and volunteers who helped us in the flood relief 2016, without their efforts it would have been very difficult for us to tackle the situations. I would like to thank all our partners for providing us the financial assistance, guidance, support and helping us throughout the year, without their support such a success and achievement would have not been possible. I am profoundly thankful for their involvement, understanding and interest.

Yaqoob Sadiq

Director
Joy Foundation



Inclusive Education through **Inclusive education** **centers**



“ People with disabilities have abilities too, making sure those abilities blossom and shine so that all the dreams you have come true.”





Parents Counseling Meetings

Joy Foundation organized parents counseling meetings in different villages. The agenda of these meetings was to motivate the parents, especially the parents of disabled children on the importance of education and inclusive education because parent's involvement is an issue that needs to be continuously addressed. The Director, Sir Yaqoob Sadiq along with the staff of Joy Foundation visited the villages and conducted these meetings.

When parents or guardians are involved and interested in their child's academic life, the student is more likely to succeed. Parents were told that parenting isn't always an easy job we all know. We all experience moments of uncertainty about how to balance the needs of our various family members, teach our kids the skills they need, provide consistent discipline, and manage our children's moods. A relaxed, informative and interactive way to involve in your child's educational life is by improving communication, developing positive and effective discipline, and nurturing children's self confidence and focus on key skills like loving, listening, speaking, coaching, enforcing the limits and building confidence in your children.





Exposure Visit

Sada-e-Umeed is an organization working with persons with physical disabilities. Joy Foundation visited Sada-e-Umeed along with some of the disable persons whom Joy Foundation has been supporting and is working with. The purpose of this exposure visit was to build the capacity of the staff on how to work with disable children/persons and to show the disable persons to realize their abilities and there's a lot more to do and explore. Sir Amir, the Director of Sada-e-Umeed and his staff welcomed us. We introduced ourselves and Joy Foundation. Sir Amir gave the introduction of his organization and told that Sada-e-Umeed is an organization working with physically handicapped children. Discussing about the inclusive education Sir Amir told that for inclusive education first of all sensitizing is very important. He said that first of all sensitizing the parents is important, then the school administration and teachers. He told that physically handicapped children are refused and ignored from the schools and through inclusive education they are again enrolled in schools. Joy Foundation staff learnt a lot from this visit and thanked Sir Amir for their presentation and all the informative discussion.

Advocacy and Mass Awareness Program

Joy Foundation organized advocacy and Mass Awareness Program. The topic of this program was "Attitudes and Persons with Disabilities". Teachers, parents and people from the community participated in this program. The agenda of this program was to change the attitudes of community towards children and persons with disabilities. First of all an introduction of Joy Foundation and about the program was given.

Then it was shared and discussed that we should treat a person with a disability as we would treat anyone else. We should relax when communicating and rely on natural courtesy, consideration and common sense. Treat adults with disabilities as adults rather than as children, regardless of the disability. Speak at a normal rate, without exaggeration or overemphasis. Do not be afraid to ask questions about the person's disability. Allow people to do things for themselves when they want to, even if it takes longer or results in mistakes. Do not always "do for" the person. Offer assistance, but do not impose if help is not desired. During all gatherings or meetings, allow time to attend to personal needs and rest. Be patient. Respect the individual's personal space and auxiliary aids, do not lean against. Overall it was a healthy discussion and it was expected that this program will bring a great change in our society and our behaviors towards children and Persons with disabilities.





Meeting with the Opinion Makers

Joy Foundation organized a meeting with Opinion Makers. The topic of this meeting was “Rights of Persons with disabilities”. The agenda of this meeting was to create awareness on the rights of persons with disabilities among those persons who somehow influence our decisions and opinions and are a part of our community.

The meeting concluded that persons with disabilities face discrimination and barriers that restrict them from participating in society on an equal basis with others every day. They are denied their rights to be included in the general school system, to be employed, to live independently in the community, to move freely, to vote, to participate in sport and cultural activities, to enjoy social protection, to access justice, to choose medical treatment and to enter freely into legal commitments such as buying and selling property. So, it is our duty being opinion makers of the community, to support and empower the disable persons, make them a part of our society and ensure that they are accessing the same rights.



International Day of Persons with disabilities

Joy Foundation celebrated the International day of persons with disabilities with the disable persons of district Toba Tek Singh. Yaqoob Sadiq (Director Joy Foundation), Captain of the Salvation Army Church, parents of the disable persons and staff of Joy Foundation was present in the celebration. Cake was cut by the disable persons and they enjoyed a lot.

Their parents appreciated Joy Foundation for this celebration as their children came out of their houses after a long time and enjoyed a lot. Joy Foundation has been working for the disable persons since 2009 and will always keep working for the well being of these persons. The parents thanked Joy Foundation for providing their children a healthy and fulfilling life.

“Persons with disabilities are the part of the human family. Everyone needs to understand this fact...”



Formal Education Program

“Our focus on education is from grass-root level for unprivileged children.”

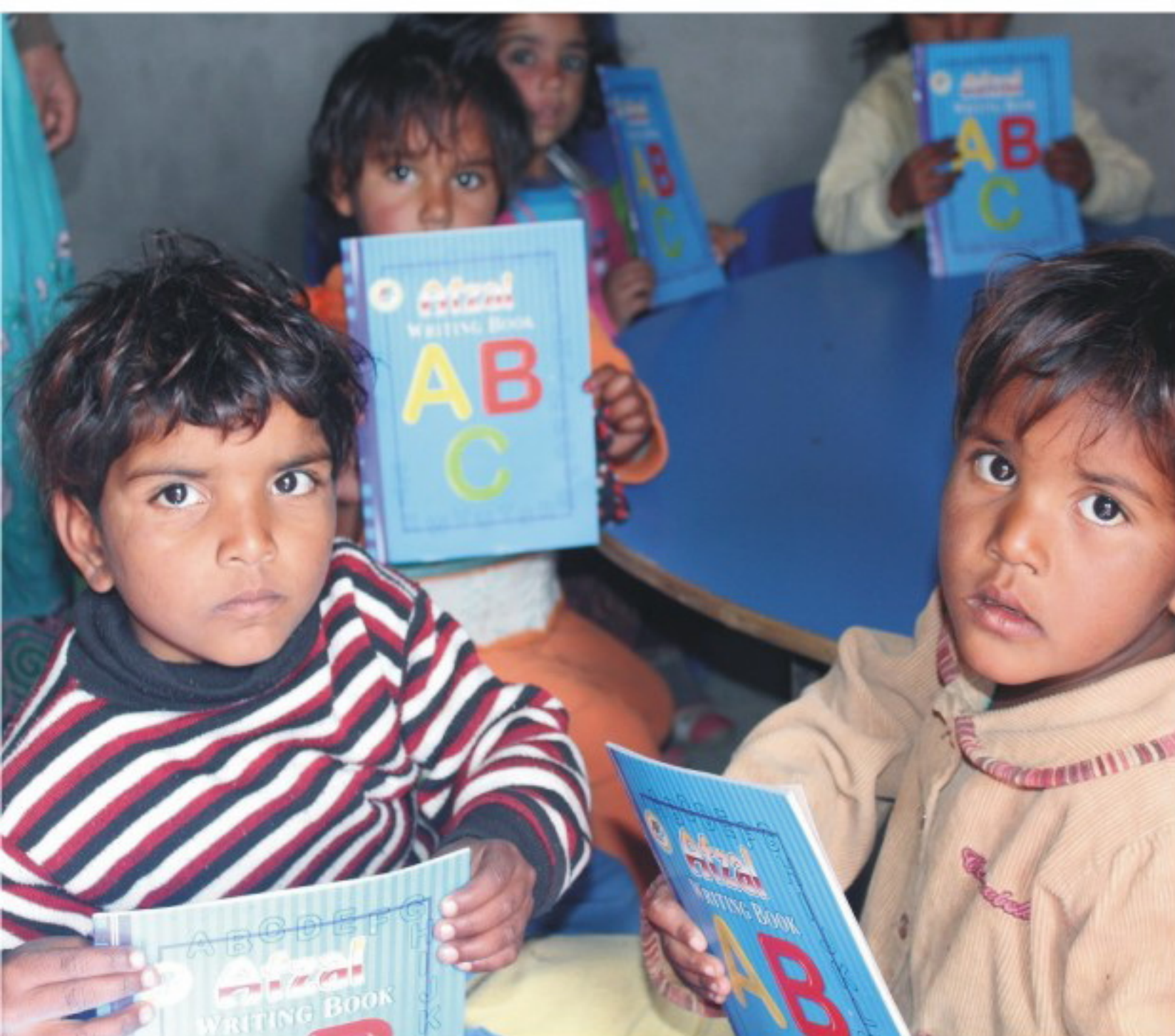




Chak 325 J.B, Toba Tek Singh

Joy Foundation opened a new Formal Education School. The School is located in a village named Dullam (Chak 325 JB) in the District Toba Tek Singh. The village is a new population and has no infrastructure yet. A total of 35 children are studying in the school and they are 4-8 years old. A well qualified teacher is hired for the school along with a helper. The subjects taught in the school include English, Urdu, Mathematics, Art, General Knowledge, and an extra period is included for poems and stories.

All the books used in the school are of the Oxford syllabus. The best kind of stationary items, furniture, notice boards, white board and teaching kit is provided for the school. Children enjoy coming to the school a lot. They love doing art work and learning new poems and listening to the stories from the teacher. After completing one year in this class these children will be promoted in the next class and admissions will be opened for new children.

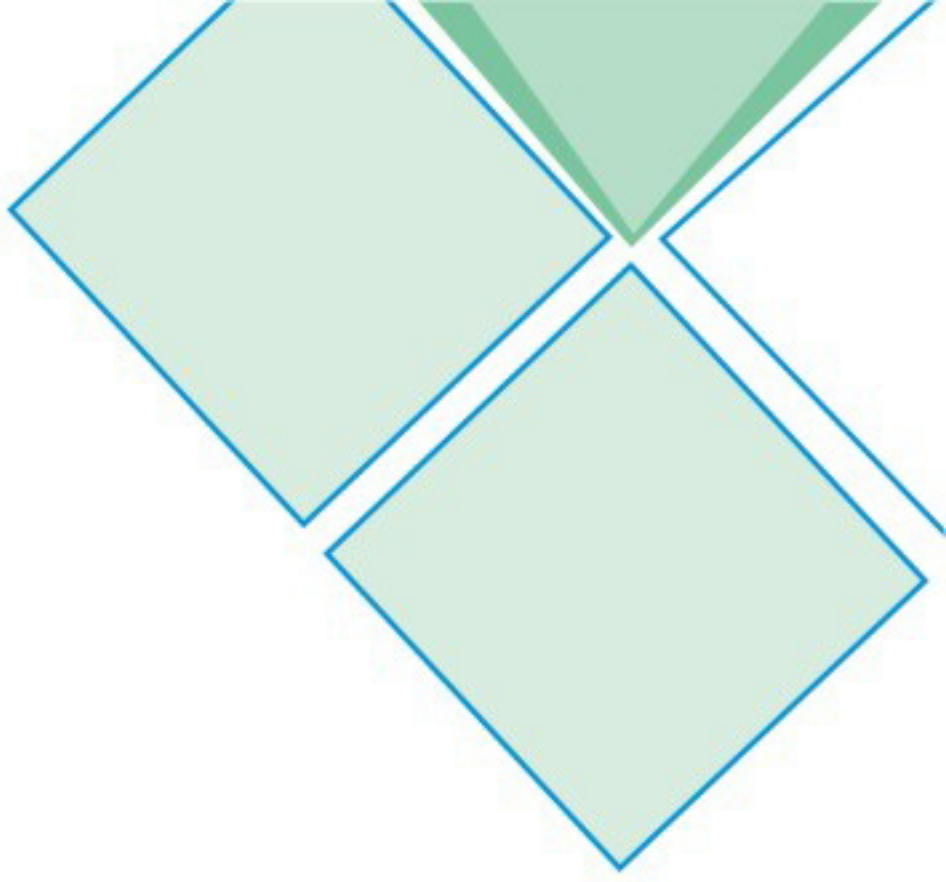




Chak 700/42, Toba Tek Singh

Joy Foundation is running a Formal Education School from 1 year in Chak 700/42, Toba Tek Singh. The school is growing day by day. After the examinations children have moved to next class, new admissions opened and new children are enrolled into the school. Prizes were given to children who took positions. All the books, copies and stationary material for both classes were provided by Joy Foundation. The teachers of the school are doing a great job and contributing a lot for the school and community. The community is happy with the efforts of Joy Foundation. We are looking forward to provide the best education to the children in this community.





Visit of Formal Education School

Joy Foundation's Formal Education School in Chak 325 JB, Dulam was visited by its funding partner. One member from the partner organization visited the school from Europe. He checked the school and visited the community also. He brought some gifts and sweets from Europe for all the children in the school. The children were very much excited for his visit, they welcomed him with flowers. He visited the community and met some families, especially the families of children who were studying in the school. He was very happy to see the children and wished them good luck for their education.

He was very pleased with the work that Joy Foundation did in the village and announced that they will continue the support for the school so that Joy Foundation can continue to serve this community as there is a great need of it.





Child Sponsorship Program

Joy Foundations Child Sponsorship Program is a continuous project since 2009. Under this project Joy Foundation sponsors those children whose parents can't afford their education expenses. Every year new children are added to this program. 20 children were being supported by this program in 2015 and this year Joy Foundation added 2 new children. Now Joy Foundation is sponsoring 22 children through its Child Sponsorship Program. We believe we make a living by what we get, but we make a life with what we give, our slight positive influence has the potential to change a child's life, so providing opportunities to our future is what Joy Foundation takes stand for.



Case Study

Supporting youth towards Education....

Joy Foundation has been sponsoring Suneha Arshad since 2012. Suneha was in class 3 when we started sponsoring her. Her father was not able to bear her educational expenses as they were poor and Suneha was studying in a private school. Thereon Joy Foundation decided to sponsor Suneha. Her yearly fees, expenses of books, school bag, and stationary, water bottle and lunch box, all of her educational expenses are being covered by Joy Foundation. Now she is studying in 8th grade in the same private school. Her family is very thankful to Joy Foundation for supporting their daughter. Suneha said, "Without Joy Foundation I would not have reached here, I thank Joy Foundation for providing me assistance and support to continue my education". All these years Suneha has been a very good student and Joy Foundation is proud to sponsor her.

Peacebuilding and Interfaith Harmony



“

Joy Foundation aims to foster religious and social harmony and help develop a diverse society in Pakistan in which people of different beliefs can live together in Peace and exercise their basic human rights.

”



Iftar Party

Joy Foundation organizes Iftar parties every year. These interfaith Iftar parties are organized to promote peace, interfaith harmony and understanding among both the communities. The party was organized by the women group of Joy Foundation for the Muslim members of the group.

The Deputy Director of Joy Foundation, Mrs. Shazia Yaqoob thanked everybody and said that the interfaith harmony and peace building initiative of Joy Foundation aims to foster religious and social harmony and help develop a diverse society in Pakistan in which people of different beliefs can live together in peace and exercise their basic Human rights.

Moreover she said that Joy Foundation does its best to provide peace building skills and promotes participation in different events of other religions which can not only help in promoting tolerance and respecting each other's faith but definitely it will give insights and help in building positive image of our country. The women from the Muslim community thanked Joy Foundation for organizing this party and promoting peace among both religions. They also thanked the Christian members of the women group for all their efforts.



Peace through Sports

A cricket match was organized in Faisalabad with equal efforts and contribution of Joy Foundation, AWARD and Caritas Faisalabad. JF supported this activity because for JF sport is the most unifying and inspiring development and peace tool in the world. No other social activity brings people together in such great numbers, and with so much passion and enjoyment. Sports has huge potential to effect social change. Sport and physical activity improve individual health and well being, both physically and mentally and teaches important values and social skills. Sports does not only empower an individual but it also unites and inspires people collectively, which build communities. The contribution sports can make towards peace-building efforts has generally been considered at the grassroots level. This sports competition was organized because sports have the ability to bring unity and peace to people who have been divided and separated by religious beliefs, political systems and cultural differences. This was the best way to bring together youth belonging to different Christian and Muslim groups to play a friendly match and promote peace. The objectives of the program were successfully achieved as both the teams were happy and enjoyed playing together.



Cooperation Circle with URI

Joy Foundation collaborated with United Religions Initiative Pakistan as one of its cooperation circles. Members of the cooperation circle participate in all the activities of URI. The cooperation circle includes members from the Muslim and Christian community. Joy Foundation conducted its first meeting with the members of the Cooperation Circle. Mr. Yaqoob Sadiq, the Captain of Salvation Army, the Catechist of the Catholic Church, and our Muslim and Christian members were present in the meeting. The meeting was conducted to plan out the future programs and activities of the Joy Foundation CC.

The Captain of Salvation Army said that religious fanaticism and ignorance about other religions lead to violence, we have to join together to spread peace and terminate violence, we appreciate that Joy Foundation has taken this initiative and we are all here for the support. All the members agreed to fully support this initiative and work for peaceful communities. Mr. Yaqoob said that we must not only work for interreligious dialogue and harmony, but also work with governments and civil society. Religions can become respectful partners for human development.



Celebration Interfaith Harmony Week

Joy Foundation celebrated the Interfaith Harmony Week with the youth. The goal of this activity was to spread and promote harmony and peace among youth of both Christian and Muslim community. This activity was organized with the youth in an educational institution. It was to recognize and build on interreligious and inter cultural dialogue which makes significant contributions to mutual understanding, tolerance and respect, as well as to the promotion of a culture of peace and an improvement of overall relations among people from different cultural and religious backgrounds and among nations. There are many working for interfaith harmony but there's a lot to do. The main point of this activity was that working on interfaith harmony has to be extended extensively to let the voice of peace be heard, and for that such discussions should be held extensively in educational institutions. Because there, as of now, a student is only concerned with his studies to get grades and unfortunately most of the teachers will also not want to discuss such issues or highlight problems. Students have to complete their degrees and go out in the professional world to start excelling. They're too busy achieving these goals that they never ponder on these sidelined issues of importance. It might make them better professionals but it decreases the potential of a society to anticipate problems and tackle issues that are bound to rise in such a landscape. The program was successful and achieved its goal. The initiative of working with youth in the educational institutions on the promotion and importance of interfaith harmony was much appreciated by the administration and teachers of the institute.





Water Sanitation, Health & Hygiene (W.A.S.H)

Water, Sanitation and Hygiene (WASH) are some of the most basic needs for human health and survival. WASH can also be crucial components in freeing people from poverty. Still, 1 out of 10 people do not have access to an improved source of drinking water and more than a third of the world's population does not have access to a hygienic means of basic sanitation. Poor drinking water quality and sanitation lead to major outbreaks of waterborne diseases. Estimates indicate that each year, more than three million Pakistanis become infected with waterborne diseases. A National Sanitation Policy and a National Drinking Water Policy have been approved in 2006 and 2009 respectively with the objective to improve water and sanitation coverage and quality.

Joy Foundation has long understood the importance of WASH. Our prior effort is to preserve and sustain human life. At present, everyone crucially need to facilitate opportunities to successfully engage in WASH practices to decrease the ratio of diseases from the poor background areas. At the same time we also need to Identify opportunities and resources for training and development of the WASH team in sustainable and holistic community development as well as in technical knowledge sharing.

Free Medical Camps

Joy Foundation organizes free medical camps in different villages. In these medical camps people get awareness about health and medicine. The health camps aim at promoting health seeking behavior in the long term and thus, unlike a general curative health camp, these camps also majorly work on building awareness regarding common ailments, family planning methods, nutrition and hygiene and sanitation.

These camps provide comprehensive health services free of any cost. Before the medical camps are set up, the volunteers and staff put up banners and distribute leaflets in the surrounding areas, to create awareness about the camp which result in huge flock of people attending the camp and sharing their problems. Society is an important part of our lives and therefore growth and uplift of society is very important for overall growth. With our consistent efforts and deeds we always want to improve the condition of people.



Hygiene Kits Distribution

Keeping clean is an important part of remaining healthy, but families who have fled their homes because of disaster or poverty often struggle to afford these necessary supplies. Hygiene kits are given to encourage healthy habits for children. Children want to look good and feel good every day. Our Hygiene kits help kids living in poverty achieve that goal. Good hygiene is an important part of children's health, wellness, and self-esteem. Kids with poor hygiene can face harmful consequences. They may be more prone to developing rashes and infections or may quickly become the target of bullying. Hygiene Kits include the following full-size items for the children and family also:

- Bath soaps
- Nail Cutter
- Hair Brush
- Tooth brushes
- Tooth paste
- Towel
- Hand Sanitizer
- Antiseptic Liquid
- Cotton Swabs
- Mosquito coils
- Mosquito Repel Oil
- Water Purification Tablets



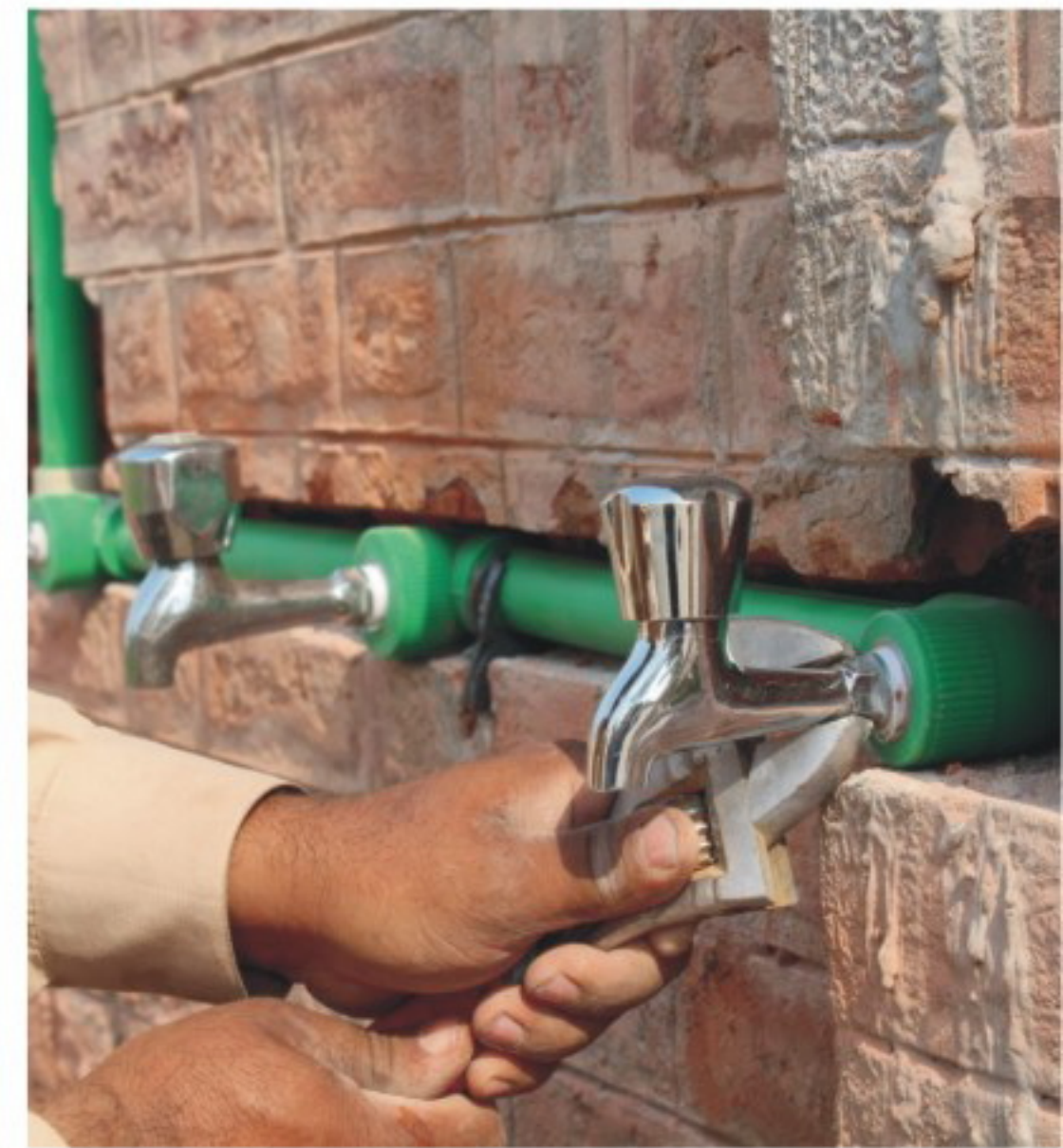


Filter Distribution among kids

Clean drinking water is one of the major issues of Toba Tek Singh. Water is a fundamental human need. It is estimated that one person needs 10-40 liters of clean, safe water a day for drinking, cooking, washing, and personal hygiene. Access to clean water is a step towards improving living standards. Education suffers when sick children miss school. Economic opportunities are routinely lost to the impacts of rampant illness and the time-consuming processes of acquiring water where it is not readily available.

Children and women bear the brunt of these burdens. To reduce these problems and make the children healthier by access to clean drinking water Joy Foundation distributed water filters, so that children and their families have access to clean and safe drinking water.





Provision of clean drinking water for school children in Chak 424 JB

Children of school going age are not consuming enough water. Drinking sufficient amounts of water can lead to improved weight status, reduced dental caries, and improved cognition among children. Because children spend most of their day at school, ensuring that safe, potable drinking water is available in these settings is a fundamental health measure. In a school in Chak 424 JB, water was available and drinkable but was not accessible for all. The reason was that only one hand pump was installed in the school and at a time one child could drink water. So Joy Foundation installed an electric water pump and a tank to store water. Multiple taps were installed so that more than one child could drink water at a time. The schools children were very happy and the principal thanked Joy Foundation for all they did for the school and children.

// Skill for women is a very essential element for all times... //



Women Empowerment Program





Examinations and Certificate Distribution of Sewing Center

Chak 700/42 is a place where majority of the girls and women are not educated. So Joy Foundation is running a sewing center for these girls since 2015. The girls got trained for 1 year in subjects like, hand embroidery, cutting, sewing, hand work, home economics and child care. The girls made their practical copies also. In the last week of October, the girls had their final examinations. All the girls were present in the exam and did a great job. Mrs. Shazia Jalal (Deputy Director) and Mrs. Rukhsana Khalil (Program Coordinator Sewing Center) were present during the examinations for the monitoring.

After the examinations the results were made and on 7th November 2016 the results were announced along with certificate distribution. The parents of all the girls were present. The Chaudhry of the village and the Church Catechist was also present during the result announcement and certificate distribution. Mr. Yaqoob Sadiq (Director JF), Ms. Shazia Jalal (Deputy Director) and Ms. Rukhsana Khalil (Program Coordinator Sewing Center) were there for appreciating the girls and distributed certificates among the girls. The girls were really happy and were thankful to Joy Foundation for providing them such an opportunity and they were also thankful to Mrs. Mussarat Nadeem (Teacher of the Sewing Center) for being so supportive and teaching them so well.



New Sewing Centre in Chak 325 JB (Dullam)

After the successful completion of sewing centre for girls in Chak 700/42 GB (Peer Kadyana) in Shorkot, Joy Foundation started a new sewing centre in Chak 325 JB (Dullam). After a proper survey and regular visits in the area Joy Foundation started its work. A well-trained teacher was hired for the centre with an agreement to work with Joy Foundation. All the material of the center was shifted in the village on 1st October and all the material for the center is provided by Joy Foundation.

On 2nd October the centre started and 15 girls were present in the centre, the teacher assured that slowly the number of girls will increase. Joy Foundation staff was also present in the centre on the first day and wished good luck to all the students and encouraged them to learn, work hard, empower and themselves to face the hardships of the community. All the girls and their parents thanked Joy Foundation for working in their area and assured full cooperation.



CASE STUDY

Skilled has enabled Irum to support her family...

Irum was a student in Joy Foundations sewing centre in Chak 700/42. She was one of the most consistent students in the centre. The teacher always told that she was a quick learner and always completed her task before other students.

Irum was the first position holder in the final examinations of the sewing centre. She was very happy on the day of result. There was a big smile on her face as she received her certificate. Her parents were also present on the result day. Her mother said that Joy Foundations initiative of sewing centre in our village helped our daughters to learn skills and then utilize those skills to increase the income of the family. Now Irum is earning for her family, her mother told that Irum has become a big support for our family now. We wish her success for the future.



Meeting of JF's Women Groups with Vocational Institute

Joy Foundation has always been active in searching and providing development opportunities for its target groups. The Principal of Vocational institute took appointment from Joy Foundation to meet our women groups. Joy Foundation organized the meeting and invited all the women groups. The principal and a teacher from the institute visited Joy Foundation office and met the women and girls and told them about the opportunities that vocational institute is providing.

They told about their skill trainings and the benefits that they will be providing during and after the completion of the course. Joy Foundation encouraged the women especially young girls to join these skill trainings and take this opportunity as it will be much beneficial for them. After the visit many girls from our groups took admission in the institute and some are still under training and some have completed the course and have now started their own work.



Mothers Day 2016

"This is a day to salute mothers for sacrifices for their children"



Joy Foundation celebrated Mothers day on 8th May and honored and thanked all the mothers. Mrs. Nusrat Parveen (Principal Nursing School, DHQ) and her daughter Advocate Sadaf were the guests. The program started with a hamd by Nasir Aslam. After this different items on the relation of a mother and child were presented. Some funny dramas were also presented. Our guests Mrs. Nusrat Parveen and her daughter gave beautiful messages. They were a beautiful example for all the mothers and children.

At the end Sir Yaqoob Director Joy Foundation thanked all the participants and also thanked the guests for their time. He wished all the mothers a very happy mother's day and said that whatever happens we should always respect our parents because they sacrifice themselves for us. The event ended successfully and the objectives of the program were almost achieved more than 100 mothers attended the event, where in the participants gained the awareness about the mothers, everyone could clearly assess the glow of happiness on each face. These events help participants to provide exposure to the mothers and their children. Some of participants shared experiences of their lives by which they had got that their mothers love them unconditionally, and these types of events will definitely bring positive thinking and achieving better results in future.





International Women Day 2016

Joy Foundation celebrated International women day on 8th March 2016 and remunerated honor and tribute to all those women who played and are still playing a vital role in the development of Pakistan. About 250 women were present in the program. Different items like Speeches, Heer Ranjha, funny acts, songs and dance acts were presented. Games were also played and the winners were given beautiful gifts. Our guests Mrs. Parveen (Principal Midwife School, DHQ) and Mrs. Mehreen Shahbaz (Principal, The Genesis School) gave beautiful messages and encouraged all the women.

At the end Director Joy Foundation thanked all the guests and women for celebrating this special day with Joy Foundation and he also appreciated all the participants who worked very hard to make this program successful. He also gave examples of Benazir Bhutto, Pilot Marium Shaheed, Suraiya Bajia, Sharmeen Obaid Chinoy, Shahida Qazi and Balqees Edhi he said that these women should be a great inspiration for us; we should take their example and move forward in life,





Youth Empowerment Program

Awareness Raising Program

Joy Foundation conducted awareness raising sessions with the students in different schools of District Toba Tek Singh, in collaboration with USAID-Pakistan and STEP Islamabad. Mr. Yaqoob (Director Joy Foundation) and Ms. Maham Maqbool (Program Officer) conducted these sessions. Along with the introduction of the session, Ms. Maham gave a brief introduction of Joy Foundation and STEP. She started the session by asking the meaning of awareness. Many of them were unfamiliar of this word. She shared about the objectives of issues on women with disabilities. She explained that disability is something that every human has to face at a certain age. She told that there are many disable girls at school going age, but they cannot go to school, they are trapped in their homes and are afraid of coming out, only because of their disabilities. She explained that as compared to men, women with disabilities have to face a lot more Problems.

After this Mr. Yaqoob speaking to the participants, shared that main problem for these persons is not their disability; but is the attitudinal behaviors they face from their societies. He gave an example of a girl Nadia, who was physically disable and a student of Joy Foundations Inclusive Education centre. Nadia used to sing very well and she was also very good at studies. He told that at first the normal children used to stay away from Nadia, but slowly when they saw that Nadia sings very well, they listened poems from her; they shared their books with her and started learning things from Nadia. He said that this is how we can include disables with us. A lot more was discussed with the students.

One of the participant told about their teacher. She said that their teacher is a physically disabled woman. She said that we don't feel that our teacher is a disable, because her talent hides her disability, due to her education she does not depends on others, she is a successful woman.

At the end of the sessions Sir Yaqoob said that we have to take initiative to move out of the ways of exclusion and step into the world of inclusion where we share equal rights with our disable brothers and sisters, support them wherever they need our help and stand by them so that they donot feel alone fighting for their rights.

“ Inclusive education is the need of the time to give due rights to the people with disabilities...”



Theatre and Music Group with Youth

Joy Foundation has a youth music group and youth theatre group. The groups actively perform theatre and music on different events and also volunteer with Joy Foundation and perform on specific topics. Joy Foundation has set 3 goals for the groups which are: educate, entertain and inspire. The groups are volunteering with Joy Foundation with full commitment and devotion. Joy Foundation is happy to have volunteers who are dedicated and disciplined, who accept the responsibility, who are self-confident and most importantly have Leadership skills.



Capacity Building Programs

Joy Foundation organized youth capacity building programs with the students of classes 8th 9th and 10th. Many teachers were also present in the programs. The aim of these programs was to enhance the ability of youth to overcome challenges and take better decisions for their future, and awareness on the Universal Declaration of Human Rights.

It was told that if we want a better and brighter future we have to empower and improve our youth and encourage them to take better decisions and make education their priority. Being the youth and the future of our nation we have to prove that we have the ability to bring change in our communities. We have to step out and change the old phenomenon, where students have no idea what to do after completing their matriculation/where they have to forcibly act upon the decisions of their family or friends. Let's take decisions by ourselves instead of following others and see what is better for us and our future. The most important thing that we have to understand and find within us is that what our abilities are? Our abilities give us a vision for the future and help us set a goal/target for our future, after this we have to work hard and struggle until we reach that target. A documentary on the Universal Declaration of Human Rights was also shown to make them aware about their rights and how they can use their rights to make their future brighter.





“ During this pessimistic condition, people were suffering extremely. They needed emergency relief to save their lives.... ”

Emergency Relief

The devastating Floods of July/August 2016 severely hit Athara Hazari, Jhang. The Flood swept away all the belongings of the inhabitants. Old age people and small children rendered homeless, some of the houses collapsed, animals drowned and crops were severely damaged. In such a situation the first and foremost need of the affectees was food, hygiene and health. While losing everything the affectees had no sources to get food for themselves and the small children and as there were no medical facilities in the area they cannot have their treatment of the diseases caused by the flood and hygiene facilities were also not present in the area as the flood caused a lot of destruction.

The Joy Foundation staff carried out a rapid need assessment in the month of August 2016. The findings of the need assessment survey were shared with the partner organization and a proposal was submitted for provision of food items, medical camps and hygiene kits for 300 flood affected people of Dhabi Balochaan, Sarwani Patwana and Bela Chontra, the 3 most affected villages of Athara Hazari, Jhang. The request was accepted and the partner organization agreed to provide food packages for 300 flood affected families.



Distribution of Food and Non-Food items & Free Medical Camps

The food packages included 5 kg sugar, 5 kg rice, 2 kg pulses, 20 kg wheat flour, 2.5 kg cooking ghee, 1 kg red chilli powder and 1 packet salt. The hygiene kit included 4 toothbrushes, 2 toothpastes, 3 bath soaps, 1 comb, 1 nail cutter, 1 towel and 1 dettol antiseptic liquid. The medicines of the 3 medical camps were according to the assessment of the diseases of the affectees. There were a total of 2 distributions and 3 medical camps. The first distribution took place in Dhabi Balochaan where 150 beneficiaries were provided with food and hygiene kits. The second distribution was in Bela Chontra where another 150 beneficiaries were provided with food and hygiene kits. A total of 3 medical camps were set up. In the first medical camp there were 141 patients. In second medical camp there were 109 patients and in third medical camp there were 106 patients.



Other Activities

Participation in the World Youth Day in Krakow, Poland.



Participation in Funfair, in St. Peter's High School, Toba Tek Singh



Participation in the Church Youth Program



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