



Joy Foundation
Annual Report
2015

“Providing development opportunities to
the marginalized segments of the society”...

Acknowledgement



Joy Foundation duly acknowledges and admits the tireless efforts of all the partners, who provided not only financial assistance to improve the capacities of our beneficiaries in the target areas.

Joy Foundation also acknowledges the valuable services of head office staff for dedication for the effective implementation of the project activities.

Disclaimer

The information enclosed in this document is provided solely as a source of communication and knowledge sharing. It does not mean to convey any disclosure of beneficiaries through images or scripts; neither it means to show to sufferers as a helpless creature. Therefore, no social or legal action can be raised against Joy Foundation or its allies.

Compiled by: Ms. Maham Maqbool
(Program officer)

Edited by: Mr. Yaqoob Sadiq
(Executive Director)
Joy Foundation

Shazia Yaqoob
(Deputy Director)

Contribution: Mr. Kashif Punoon
Mrs. Rukhasana Khalil
Ms. Nayab Gohar

Designed by: Anthony Rufin Gill

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From the Executive Director



In the midst of the challenges in context and circumstances, Joy Foundation had been hopeful to see bring a positive change in the lives of the beneficiaries to make them prosper. I feel immensely satisfied to share about the achievements attained by Joy Foundation in the year 2015. Our struggle has caused to uplift the marginalized communities. In the context of my organization, I look forward to serve as a voice for people living in poverty. I would like to thank all of our supporters, donors, partners, staff and volunteers for their valuable contributions. The dream will turn into reality and now they will have sufficient opportunities to make themselves prosper.

At present, Joy Foundation is making outstanding efforts in the field of Inclusive as well as formal education, uplifting of the people with disabilities, for the promotion of peace and Child sponsorship to enable the deserving communities to stand on their own feet.

Our prime focus is on the development and empowerment of the marginalized communities for their uplift and recognition in the society, which has proved to come into reality. Among our ongoing projects, we are proud to have those young girls, who after attaining skill from Joy initiated their own work and now they have stood on their feet and are contributing fairly in their families. We happily say that this is the real fruit of the project, which we look for to bring a change in the society.

For this, on behalf of Joy Foundation, I would like to take an opportunity to thank all the supporters and well-wishers, who not only provided us financial assistance, but also guided and encouraged us for improving our work to serve better. I am heartily grateful for their concern, cooperation and interest. This had never been possible without their help and kind assistance.

At this moment, I also pay thanks and appreciate the project team and volunteers of Joy Foundation, whose commitment and dedication made these efforts turn into reality. The role of all these made it possible to achieve our objectives. Following our vision, Joy Foundation is making the best possible efforts to reach as many as marginalized communities for betterment.

Yaqoob Sadiq

Director
Joy Foundation

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Joy Foundation Strategic Direction



JOY FOUNDATION is a non-Profitable; Developmental Organization started by a group of young people in March 2005 and got registration in June 2009 under Societies Registration Act, 1860. The Organization operates independently of any religious, political or economic influence. The organization started her work along with a community Center for Disabled people in Toba Tek Singh District. The purpose of starting this community centre was to promote the issues of the persons with disabilities.

Most often disabled people are looked down upon in our society. Even in their own families. they are neglected and oppressed in many ways. They need education and training to be self-supportive, as well as consolation, love and chance of sharing experiences in order to find ways and means to earn their living by themselves. The committed, dedicated and trained organizational staff helped the Center as well; the organization is progressing and Joy Foundation had expanded her services in the other fields.

Mission

To enable the disabled persons in our area through capacity building, institution development, participation, equal opportunities at every level by ensuring sensitization and education of the society on the issues of persons with disability.

Give: ❖ Time ❖ Talents ❖ Contact
With Involvement of disabled to lead a full human life.

Vision

The vision of the Joy Foundation is of a nation where disadvantaged children, especially the disabled, are empowered and integrated in the mainstream of the society availing equal opportunities and sharing equitable contribution in the mainstream development process.

Objectives

- ❖ To undertake human development without any discrimination based on creed, race, colors, language, and nationality
- ❖ To help the children with education, food, good health, information and awareness about the hygiene.
- ❖ Capacity-Building of the local youth by transforming skills & give them opportunities to become leaders to create peace and harmony in the society.
- ❖ To empower women socially, economically and politically so that they can participate in every sphere of life and give them platform around their issues.
- ❖ To assist the disabled in the process of rehabilitation and reformation.



Inclusive Education through Inclusive Centers

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Inclusive education means that all students attend and are welcomed by their neighborhood schools in age appropriate, regular classes and are supported to learn, contribute and participate in all aspects of the life of the school. Joy Foundation has been running inclusive education centers, where we develop individual strengths and gifts, with high and appropriate expectations for each child.

The project “Inclusive Education through Inclusive Education Centers” was started in 2013 which was supposed to end in 2014 and after that the project extended till 2015 and which is still in continuation. ”



Preparation for educational material through games, exercise, lessons and sports

Joy Foundation opened 2 inclusive centers in village Chak 295 GB Toba Tek Singh, Christian Colony Toba Tek Singh. The purpose of the center was to remove the disappointment from the minds of the disable children and to give them healthy environment for study. Total 114 children are studying in these centers. 2 experienced and well-trained teachers are hired for the centers.

These teachers have experience in inclusive education teaching methods. The teachers along with Joy Foundation staff prepared the educational material for the school which included lesson planning, different exercises, all the supporting material and games for children so that they can understand easily and properly.



Case Study:



Rimsha is a 7 year old student studying in our inclusive education center. Rimsha is a mentally disable girl. When the Joy Foundation staff met her parents they were overjoyed. Her mother said that a few months before when Rimsha used to go to the street to play with other children, they teased her, beat her and do not play with her.

Whenever she came back home, she was always crying. Then she started going to your center. Now she does not like playing outside the house, instead her class fellows come to our house to play with her.

Her father told that they took Rimsha to more than 5 schools but all refused for her admission, because she was mentally disable, but now he is happy that his daughter is getting quality education with other normal children. He said that we are very thankful to Joy Foundation for providing us this opportunity.

Teachers Training Program & Refreshers Courses for teachers:

Joy Foundation organized a 2-day teachers training program on 12th, 13th September 2015. The theme of the training was Inclusive Education. After the short introduction of the organization was presented & it was explained that why Joy Foundation is conducting these trainings on Inclusive education. The topics for the training on 1st day were Human Rights/ Education/ Inclusive education, Teaching Urdu & English through Phonics, Joyful learning & use of Joyful learning teaching kit, Child friendly schools, acknowledging differences and 7 Intelligence.

Sir Yaqub took the first session in which he explained about human rights & the difference between education & Inclusive education. All the other sessions were taken by the resource person Mrs. Babra Nasir. The topics for the training on 2nd day were Challenges for teachers, parents & community, Home work Why, When and How? Classroom management strategies for independent learning, Quality questioning techniques, Physical education, Assessment, Evaluation & Record keeping skills. All these sessions were taken by the resource person Sir Sajjad Manzoor.

Other challenges. The participants were very satisfied with the training & told that they will surely implement these techniques in their teaching.

The trainers conducted the training in a very interesting way through group activities, so that participants can understand & implement easily. The use of teaching kit was explained. The main focus of these trainings was on inclusion. Group activities were done so that teachers can also teach children in the same way through group activities because grouping is a way to include all the children in the activity equally. It was told that recognizing the intelligences of each child; teachers should understand each child individually & try to include them with other children. It was also told that how can a teacher collaborate with parents for better learning of children & overcome other challenges. The participants were very satisfied with the training & told that they will surely implement these techniques in their teaching.



Parents Counseling Meetings

Joy Foundation organized parents counseling meetings in different villages. The agenda of these meetings was to create awareness about education among parents. The Deputy Director, Mrs. Shazia Yaqub, along with the staff of Joy Foundation visited these villages and conducted parents counseling meetings. Parents were given a short introduction of the organization, which is working for children, disabled and their education, women and disabled empowerment. Parents were told that involvement of parents in childrens' education and learning is very important and it provides benefits to both parents and children. Parents' involvement is important because it enhances children's self-esteem, improves childrens' academic achievement, improves parents child relationships, helps parents develop positive attitudes towards school and a better understanding about schooling process. Despite these advantages we understand, that it is not always easy for parents to find time and energy to become involved or to coordinate with children. For some parents, a visit to school is perceived as an uncomfortable experience. Others may have their hands full with a job and other children.



Our teachers and other staff have made special efforts to increase communication with parents and encourage involvement in children's learning experiences. Parents may also feel uneasy if their cultural style or socioeconomic level differs from those of teachers. Some parents who are uninvolved in school may not understand the importance of parent involvement or may think they do not have the skills to be able to help. Even parents who are confident and willing to help may hesitate to become involved for fear of overstepping their bounds. It is the responsibility of our teachers and administrators to encourage such parents to become involved and it is the responsibility of parents to look after their children and think about their future.

The main focus of these meetings was on the parents of disabled children. The speakers in the meetings focused on the education of disabled children. They encouraged the parents of disabled children that they should not hesitate sending their child to school if he/she is a disabled, when the child is in school it is the responsibility of teachers to look after him/her and teach him along with normal children equally. The meetings were done in simple language so that parents can understand easily and properly.

“ Parents were told that involvement of parents in children's education and learning is very important. It provides benefits to both parents and children. ”



Exposure Program

Joy Foundation staff along with a few PWDs visited Umeed-Gah in Multan. Umeed-Gah is an institution working for mentally disabled children. Sir Sarfaraz welcomed us and we introduced ourselves. He told that they work with these children in different departments, like, physiotherapy department, speech therapy department, trainable department, educable department and vocational department. They divided the children in different categories according to these departments. We visited these departments and learned a lot from them.

Sir Sarfaraz thanked us for visiting them and hoped that Joy foundation team has learned a lot and may Joy Foundation grow and keep doing the good works. At last Sir Yaqoob Sadiq (Director JF) thanked the staff of Umeed-Gah to allow our team for the exposure visit to their institution and for such a warm welcome and sharing about Umeed-Gah and hoped that both organizations continue this collaboration in the future.





Poster/Essay Competition

Joy Foundation organized a poster making and essay writing activity in five schools of the district. 10 children from each school participated. Joy foundation provided all the material for this activity. The main focus of this activity was to create awareness among the children about the rights of disabled so that they can spread this awareness in their schools and their communities. Joy Foundation aimed to make the normal children understand that they should respect the disabled, spread equality and help them to realize that they are no less than the normal children and they can do anything that a normal person can.

Joy foundation organized poster making and essay writing activity in all the schools one by one. The children participated very actively in the activity and prepared amazing posters which reflected that they can understand very well that disabled are a part of our society and we normal's should fight for their rights and respect them and give them equal opportunities. The posters from all the schools were collected for the final competition.

The management in all schools cooperated and also appreciated the efforts of Joy Foundation for the awareness and promotion of the rights of persons with disabilities. At the end all the posters and essays were collected from all the schools and final competitions were conducted in which trophies were presented to the 1st, 2nd, and 3rd prize winners and medals were presented to all other participants.



Case Study

Joy Foundation conducted a poster competition on the rights of Persons with Disabilities. Minahil a girl from 8th grade in Convent of Jesus and Mary High school was the 1st prize winner. After the competition we visited her and asked her to share her thoughts about the Poster competition she said, “My class teacher told me that an organization named Joy Foundation is conducting a poster competition in which 5 schools of the district are participating. Then I told my teacher that I want to participate in this competition. I was shocked when my teacher told me that we will be making posters on the rights of persons with disabilities, because it was a very different topic for making posters. Then I thought that I should participate in the competition because nothing is impossible. After a few days the Joy Foundation staff came to our school for the poster making activity. Our principal introduced us to Sir Yaqoob and he explained us the reason for conducting this competition and told us that we have 1 hour for completing our posters. Their staff distributed the chart papers, water colors, marker colors, pencils, erasers, sharpeners, foot rulers, etc. I wrote a quotation on my poster 'My will power is stronger than Disability' which was very much appreciated. We completed the posters and they collected them.

On the poster competition day when they chose me as the 1st prize winner I was very happy, it was the best feeling to win 1st prize for something which I thought would be difficult for me to do. This poster competition was a great transformation for me. I started thinking about the PWDs, difficulties they face and how bad are we who neglect them. I am really thankful to Joy Foundation for making me realize that disable persons are also a part of the society, we should not neglect them instead help and encourage them to move forward live a life like normal People.”

Exclusion begins early in life. In order for children to avoid the cycle of poverty and disability and to ensure their chance to future independence, they need access to a quality education. One-fifth of the world's poorest people have a disability, yet they receive little attention and their right to education is often not realized.

Through these advocacy and mass awareness programs we try our best to empower persons with disabilities so that they can become stronger advocates for their right to inclusive education. School teachers, parents and people from other institutions participate in these meetings and accept the fact that inclusive education is very important for all and ensure full cooperation.



FM Radio program on Inclusive Education

FM channels have wide coverage of listeners in the urban and rural areas. Joy Foundation held a radio talk show on the education of disable children. The talk show was about how to educate the disable children along with the normal children. The speakers discussed the issues and problems that a disable child faces among his normal fellows and what things are important to include a disable child along with the normal children.

The main focus was on the Inclusive Education that disable children should study along with normal children in same educational institutions and should be given equal opportunities as the normal children have because every human has equal rights.



Puppet training & Puppet shows

Joy foundation conducted puppet training programs in which the staff, youth group and teachers of the schools got trained. The trainer taught techniques how we can attract children through puppets. He told how can we make puppet and tell a story through those puppets to the children.

He told that puppets are very interesting for children and they can learn quickly through stories.

After the puppet training Joy Foundation organized puppet shows in different schools of the district and Joy Foundation Inclusive Education Centers. The school administrations appreciated the efforts of Joy Foundation team and showed full cooperation.



Advocacy meetings with Opinion Makers:

“These meetings were helpful to create awareness among the community.”

Joy Foundation organized advocacy meetings with the opinion makers which were held in Toba Tek Singh. Many lawyers, teachers, professors and District Government officials attended the meetings. District Officers for Education and Community Development also attended the meetings. The issues and condition of the CWDs and their education were discussed in detail during these meetings.

These meetings were actually done to create awareness among opinion makers because they are the ones whose opinions influence the opinions of many others. Everyone showed great interest in the discussions and many new ideas came up to help educate the CWDs along with the normal children in the District Toba Tek Singh.





Miss Maham started the program and welcomed all the guests and shared that every year 3 December is celebrated as the International day of persons with disabilities and Joy Foundation celebrates this day every year with disable persons and children. She told that Joy Foundation is the only organization in Toba Tek Singh working for the special people. Mrs. Rukhsana Khalil presented the introduction of Joy Foundation. Mrs. Mehreen Shehbaz and Sir Rahat Jabbar were the guests. About 30 disable persons were present at the program. Both of them spoke for the rights of PWDs and assured their cooperation.

At last Director Joy Foundation Yaqoob Sadiq was invited to thank everybody and share his views about the PWDs. First of all he thanked all the guests and people for accepting the invitation and celebrating the international day of PWDs with Joy Foundation. Then he said that Joy Foundation will continue this good work with the deserving persons and needs your support and cooperation at every level.

He said that last year on the International day of PWDs Joy Foundation promised all the PWDs in the program to provide them wheel chairs and medical support. He said that the persons who were in the last year program are receiving medical treatment through Joy Foundation and those who didn't had wheel chairs have wheel chairs now. He said that coming year Joy Foundation is promising to open a rehabilitation center for the disable persons and will fulfill its promise soon.



Celebration of International Day of Persons with Disabilities (PWDs)

Children Day:

Joy Foundation celebrated children day on 20th November 2015. A funfair was arranged for the children. There were swings, food stalls and games arranged for children. Sir Yaqoob Sadiq welcomed the guests and the program started with a prayer. Children from all the schools of the district came and enjoyed the event a lot.

The Parish Priest of Toba Tek Singh was the chief guest. Sir Yaqoob and Joy Foundation staff welcomed the guests. The program lasted till 3 PM; all the children enjoyed a lot and were very happy that day, the smile on each face was adorable.



On 10th May 2015, Joy Foundation staff celebrated Mothers day with school children of inclusive center and their mothers, in which a great tribute was presented to all the mothers. The children performed poems, songs, and plays and danced for their mothers. Some mothers shared their experiences that how they manage everything at home, work at home from morning to evening and take care of the children.

Nayab from Joy Foundation staff presented a speech in which she spoke on the importance of mothers. She told that without saying a word our mothers work at home day and nights, completing households and taking care of the children.

She said that nobody else could do this except our mothers. At the end Mrs. Shazia Yaqub (Deputy Director) thanked all the mothers and presented a great homage to all the mothers and she spoke that mothers do so much for their children so Joy Foundation tried to provide relaxation and took out the mothers from their busy routines not all the year but at least one day which is celebrated as their day all around the globe.

She said that being a mother I can understand how hard it is to stay at home and manage all things, she appreciated and greeted all the mothers and wished them a Happy Mother's Day from Joy Foundation staff.

Mother's Day:



Disabled Empowerment Program

Wheel Chairs Distribution

Joy Foundation organized the ceremony of wheel chairs distribution. There were 25 disabled persons and children who were given the gift of wheel chair. Fr. Simon Khursheed was invited to express his views about the program and to introduce Joy Foundation among the local community. Forwarding his views, he added that Joy Foundation is working not only for the Christians, but for the humanity. No matter that a person is Christian or Muslim or belongs to any religion, he is a human being. After that Mr. Sadaqat Sardar, Mr. Nadeem Bashir from Caritas Toba Tek Singh, Mr. Yaqoob Sadiq (Director, Joy Foundation) and Mrs. Shazia Yaqoob distributed the wheel chairs among the disabled children. At the end Mr. Yaqoob thanked all people and he said that this good work for the disabled children will continue in the future also. All the children were very happy and enjoyed the tea, sweets and biscuits at the end.



Medical Treatment of Physically disabled persons

Joy Foundation is supporting two physically disabled persons, Shehzad and Faizan. Both of them cannot walk without a support because they have problem in their legs. Kashif from Joy Foundation staff takes them to a physiotherapist. Faizan is a young boy, 15 yr old and has problem in his legs since his birth. His family was very worried about him because they wanted him to get education but he was unable to go to the school. Joy Foundation encouraged them and started the treatment of Faizan.

The doctor has recommended operation after the physiotherapy treatment of Faizan after which he'll be able to walk. All the expenses of the operation will be paid by Joy Foundation. Shehzad is married and has 3 daughters. His wife and parents are very thankful to Joy Foundation because there is no earning hand in the house except shehzad's father who is old enough to work now. So Joy Foundation is helping him to stand on his feet and earn for his family. The doctor said that he will be able to walk after the treatment.



Financial Growth of the Disable Persons:

Poor disable persons who have some kind of skills; Joy Foundation helps them earn their living on their own not depending on their family instead supporting their family. Pervez from Chak 295, is a physically disable person who walks with the help of a crutch, he learned sewing skills from a tailors shop but he didn't had enough sources to buy a sewing machine and earn living. He contacted Joy Foundation.

After complete survey of his family Joy Foundation bought him a sewing machine. Now he sews clothes at his home, earns money and supports his family. Joy Foundation is also supporting Naveed who is also skilled in sewing. He also walks with the help of a crutch. His family used to be tired of him because it was difficult for them to fulfill his needs as there was only one earning hand in the family.

So Joy Foundation bought him a sewing machine after which he started sewing clothes at his home and now he has his own tailor shop and is supporting his family.



Case Study:

Naveed is a disable person who walks with the help of a crutches. Joy Foundation helped Naveed and bought him a sewing machine because he was skilled in sewing but due to financial problems he cannot buy a machine and start his business. Then Joy Foundation bought him a sewing machine. He felt very grateful and said that my family was tired of me and I lived in very poor conditions.

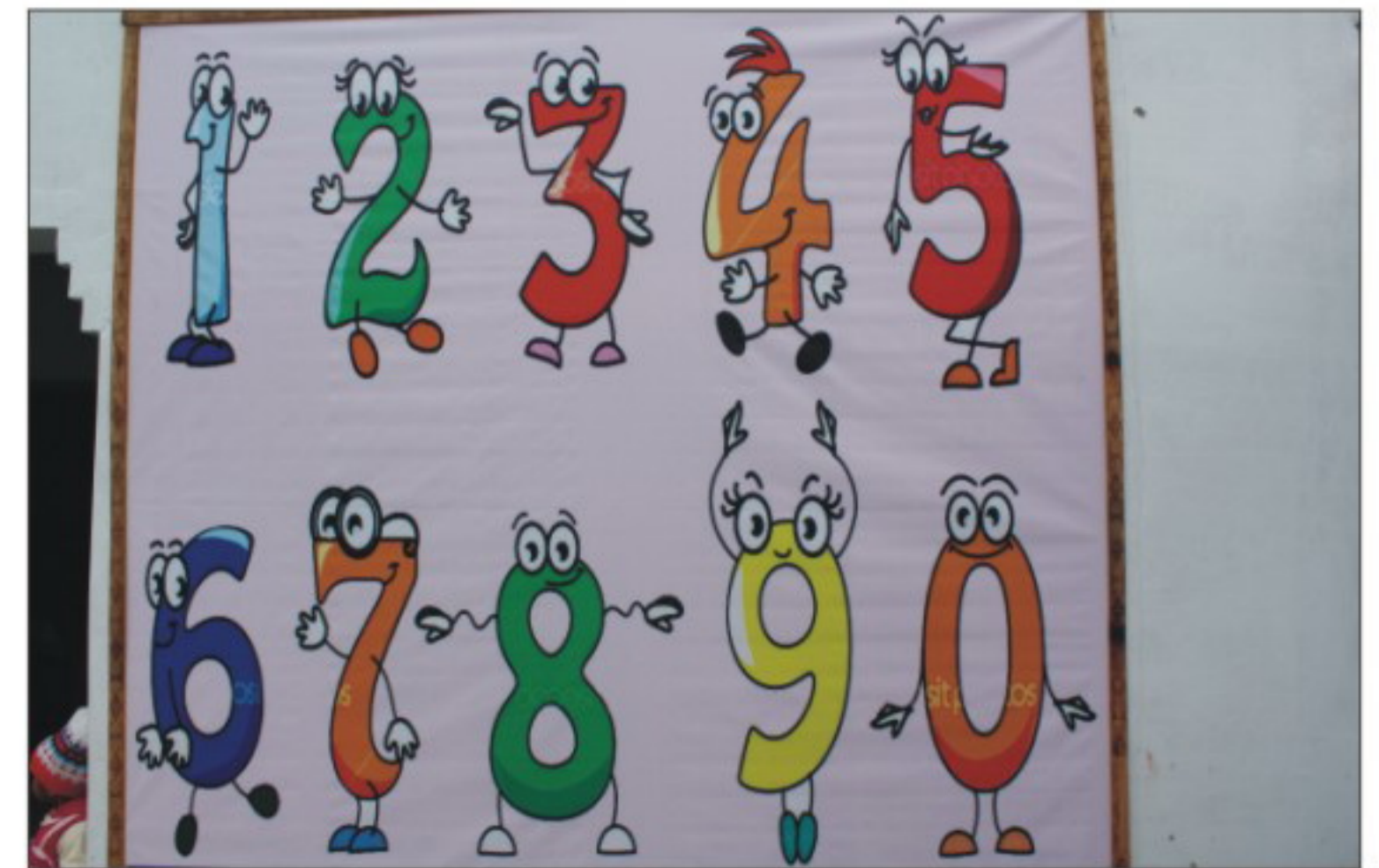
He said that now I can earn for myself and become a support for my family. Now he is running his own tailor shop and is earning for his family. He said that he started this shop from his house and now he owns a shop himself and this is all due to the help and support of Joy Foundation.



Formal Education

Joy Foundation is running a formal education school in Chak 700/42, Toba Tek Singh. After the survey of the area it was known that there is no school, so Joy Foundation decided to open a school in that area. In September 2015 the school began and proper classes started in October 2015. About 40 children are getting quality education in the school. The objective of this school is to expand and improve comprehensive early childhood care and education, especially for the most vulnerable and disadvantaged children. Ensure that all children, particularly girls, those in difficult circumstances, and those belonging to ethnic minorities, have access to and complete, free, and compulsory primary education of good quality.

All the stationary material and books are provided by Joy Foundation. Qualified and trained teachers are hired for the school. Children are taught with new and advanced teaching methods and techniques. Teaching kit is also used by the teachers. Parents of the children are very thankful to Joy foundation and appreciate the efforts of the staff. Every month a parents meeting is arranged in the school. In this meeting parents discuss their problems with the teachers. The teachers discuss about the progress of the children with their parents. Joy Foundation staff also visits the school twice a month in which attendance registers are checked and a 15 day report is taken from the teachers.



Women Empowerment Program, 2015



Women empowerment refers to the ability of women to transform economic and social development when empowered to fully participate in the decisions that affect their lives through leadership, training, coaching consulting and the provision of enabling tools for women to lead within their communities, religions and countries.

Women empowerment generally has three components. Firstly, sense of self worth of a woman. Secondly, their rights to have a power of control their own lives, both within and outside home. Lastly, the ability of a woman to influence the direction of social change to create a social and economic order nationally, internationally and universally.



Women Literacy Center

To expand female literacy ratio in backward areas Joy Foundation is running a Literacy Centre in Chak 319 JB. Women play vital roles in family and community life, girls and women access to education has often been very limited or neglected due to various social, cultural, and economic conditions.

It has been recognized that community development and national development cannot be achieved without the vital component of women's involvement and participation. That is why Joy Foundation has taken this step to struggle for Women Literacy.

Women Sewing Centers

Joy Foundation is running sewing centers in Chak 295 JB, Chak 700/42 GB, Toba Tek Singh. Joy Foundation provides all the material for the centre including the sewing machines. More than 40 girls and women are trained in each centre. They are given training of simple sewing, different stitches and embroidery as well as handicrafts.

The girls and women will get training for 1 whole year and at the end of the year diploma will be provided to each girl/woman so that they can start their business in their own community. The parents of the girls are very happy with the efforts of Joy Foundation and the girls are also very happy because now they get training and start their own business and earn living on their own.



Case Study

Joy Foundation is running a sewing center in Chak 700/42, Toba Tek Singh. Mona is a regular student of the sewing center. Mona's mother died when she was young. She could not study further due to financial problems in her family. Now she is a student of Joy Foundation sewing center. When she was asked that what is she going to do after completing her course of sewing she replied that after receiving the diploma from Joy Foundation she will start her own business of tailoring.



She said that after starting this business she wants to fulfill all the wishes of her siblings and hers and contribute in the earning of her father. She said that although I cannot make my father feel proud of my education but I will make him proud by achieving success in this field. The teacher of the sewing center Miss Mussarat Nadeem told that Mona is a very active girl and learns every new thing very quickly; she said that she has a spirit of supporting her family and she will surely complete the course and fulfill her wishes.

Women Computer Centers



Joy Foundation aims to provide best computer skills to women in rural areas. Joy Foundation is running 2 computer centers in Chak 319 JB and Chak 295 JB. All the material in the centre is provided by Joy Foundation. The reason behind establishing the computer centers is to provide an easy access of computer education to the disadvantaged students of these areas as there is no computer training center in the surrounding areas.

The tutor encourages girls to learn new and latest computer skills. At the end of the short course the girls were provided the diploma by Joy Foundation.



Women Day is celebrated by Joy Foundation every year in which more than 200 women participate. The women who have achieved progress in social, economic and political fields are invited as guests in the programs because these women are the inspiration for other girls and women. Through this program Joy Foundation honors all those women who have achieved success and also those women who are struggling for their rights.

All the women participate in the program; they dance, sing, perform dramas, play games and enjoy themselves. Joy Foundation makes sure that all the women feel special and honored on their day and also assures them that Joy Foundation will always cooperate with them and help them through the entire struggle they are making to move forward.



Women Day Celebration



Water, Sanitation & Hygiene Program (W.A.S.H) Emergency Relief



Promoting Water, Sanitation and Hygiene, Joy Foundation organizes awareness raising programs with children from different schools. The reason for these programs is to keep the children aware that clean water, sanitation and hygiene are a very important part of our lives, if we are not practicing these, diseases can spread and make us ill.

In the absence of formal sanitation facilities and solid waste disposal and collection systems, many people living in rural areas and urban slums resort to using unhygienic practices which can be detrimental to the environment and increase their susceptibility to disease. It is important that people, especially children understand the links between poor hygiene and ill health in order to change their behavior and implement improved hygiene practices.



Distribution of **Hygiene Kit** among 1000 Flood Affected Children (Year 2015)

Sr #	Name of the area	No. of Kits	Hygiene Kits
1	Bela Chotra	175	Hygiene kits included (Bath Soap 3, Nail cutter 1, hair brush 1, tooth brush 1, toothpaste 2, towels 1, Hand Sanitizer 1, Dettol Antiseptic Liquid 1, Cotton Bird 1, Mosquito Extra Power Coils 2, Mosquito Oil 1, water purification tablets)
2	Mozza Dhabi Balochan	210	Hygiene kits included (Bath Soap 3, Nail cutter 1, hair brush 1, tooth brush 1, toothpaste 2, towels 1, Hand Sanitizer 1, Dettol Antiseptic Liquid 1, Cotton Bird 1, Mosquito Extra Power Coils 2, Mosquito Oil 1, water purification tablets)
3	Munday Sayedaan	250	Hygiene kits included (Bath Soap 3, Nail cutter 1, hair brush 1, tooth brush 1, toothpaste 2, towels 1, Hand Sanitizer 1, Dettol Antiseptic Liquid 1, Cotton Bird 1, Mosquito Extra Power Coils 2, Mosquito Oil 1, water purification tablets)
4	Chak No: - 192 Kotla	175	Hygiene kits included (Bath Soap 3, Nail cutter 1, hair brush 1, tooth brush 1, toothpaste 2, towels 1, Hand Sanitizer 1, Dettol Antiseptic Liquid 1, Cotton Bird 1, Mosquito Extra Power Coils 2, Mosquito Oil 1, water purification tablets)
5	Chak No:- 323 Kiampur	190	Hygiene kits included (Bath Soap 3, Nail cutter 1, hair brush 1, tooth brush 1, toothpaste 2, towels 1, Hand Sanitizer 1, Dettol Antiseptic Liquid 1, Cotton Bird 1, Mosquito Extra Power Coils 2, Mosquito Oil 1, water purification tablets)
Total		1000	

Free Medical Camps in Flood Affected areas:

After the heavy flooding in Pakistan access to safe drinking water and hygiene and sanitation conditions were severely impacted, which increased the threats of waterborne disease outbreaks. Other health concerns, such as malaria, skin diseases, acute respiratory infections and malnutrition were of paramount concern. So Joy Foundation arranged 8 free medical camps in the flood affected areas. The areas included Munday Sayedaan, Chak 192 Kotla, Chak 323 Kiampur, Bela Chotra, Mozza Dhaba Balochan. Mostly children and women were affected by the diseases. Most of them were affected by malaria and skin diseases, some were injured. The organization's objective of setting up free medical camps was to assist the poor flood affected people who could not get proper medical services in the area.

The camp was organized to provide free check up and medical services to all communities in and around the areas. Over 1830 people turned up for the camps; all were treated and the organization took the responsibility of providing all necessary logistics including Medicines/Drugs. The outcome of the medical camp was extremely positive as over 1830 cases (mostly children and women) were reviewed and treated for different types of diseases.



Celebration of International Hand washing Day



“Hand washing prevents us from many diseases.”

Joy Foundation celebrating the International Hand Washing Day encourages school children, teachers and families to get involved in hand washing. Hand Washing is not only simple and inexpensive, but remarkably, hand washing with soap can cut the number of young children who get sick.

Hand washing with soap could prevent about 1 out of every 3 episodes of diarrheal illnesses and almost 1 out of 6 episodes of respiratory infection like pneumonia. Joy Foundation celebrates this day with children teaching them how to wash their hands properly and giving lessons on hand washing.



Peacebuilding Program

— Celebrating International Peace Day

Joy Foundation organizes programs in different schools and with the youth groups on Peace Day. Children from different schools and the youth group cooperates with the Joy Foundation staff and promote peace through their speeches, poems, dramas, songs, various acts and comedy acts on peace. At the end of the program peace messages are given by the guests and the Director Joy Foundation and all the children are appreciated for their hard work.

■ Poster Competition on Peace Day

Joy Foundation organizes poster competition on peace day in which posters are prepared by the children from different schools. Joy Foundation staff goes to each school and collects the posters. After the collection, the posters are exhibited in a hall where the judges decide the prize winners and prizes are distributed. A participation certificate is also provided to each participant. This competition is organized to see what views and thoughts about peace do the children have, how do they understand peace and spread its message through their drawings.



— Awareness raising programs

Peace Days exists for all persons who believe in the culture of peace and compassion, and who reject stereotypes, discrimination, exclusion, prejudice or clichés related to race, Gender, culture, religion, physical or intellectual disabilities, etc.

Awareness raising programs like Iftar Parties on peace day are organized by Joy Foundation every year to promote awareness about peace, encourage them to participate in the peace day events and tell them that no matter what religion we belong to, we are all human beings first of all and we should respect one another on the basis of humanity because Peace day is a powerful day to communicate and learn more about the situations of peace and non-violence in our surroundings.





■ Child Sponsorship Program

“ Joy Foundation has been supporting 20 children through a sponsorship program since 2009. It sponsors those children whose parents cannot afford their education expenses. It provides these children free education, free bags, books, copies, pencil boxes, lunch boxes, water bottles and many other things. Joy Foundation collects annual result of these children and sponsors them for the next study year also. Joy Foundation is also providing computers to the children so that they can gain knowledge through technology.

This year Joy Foundation organized the program on 18th June 2015 in which all the children whom Joy Foundation is sponsoring were given free bags, books, copies, pencil boxes, colors, lunch boxes, water bottles and one girl named Maria (student of 1st year) was given a computer. Joy Foundation also pays the monthly fee, exam fee as well as the admission fee of these children. Every year a program is organized for these children and their parents in which they are given all these things and Joy Foundation wishes them good luck to the children for their study year. ”



Case Study

Sponsorship Program

Joy Foundation started its Child sponsorship program in 2009 through which Joy Foundation is supporting 20 children whose families cannot afford their education expenses. Since then Joy Foundation is supporting Maria who was in 5th grade that time. Due to poor financial conditions Maria was unable to continue her education and her family decided that Maria should leave the school now as they are unable to pay her fees, buy her new books etc. Joy Foundation came to know about Maria and figured out that she does not want to leave her school. There on Joy Foundation decided to support Maria and help her complete her education till she completes her 10th grade. Joy Foundation paid her fee and bought her new books, bag and uniform. From her 5th to 10th grade (2009-2014) Joy Foundation supported Maria paid her fees every year, bought her books, bag and uniform for every new class. When she completed her 10th grade she wished to continue her studies. Joy Foundation fulfilled her wish and got her admission in Government College for Women, bought her books and paid all the expenses of admission and paid her yearly fees. When she started her classes of first year Joy Foundation gave her a computer. She was very happy. When she was asked how she is feeling, she said, "I am really happy and thankful to Joy Foundation for Their support. Wherever I am today it's because of the support of Joy Foundation." With a great smile she said, "Now I can go to the college and tell my friends that I own a computer too." Now Maria is a student of 2nd year. Joy Foundation will support Maria as long as she wishes to study and gain knowledge.



Other Activities

1. World **NO Tobacco** Day 2015

Joy Foundation celebrates World no Tobacco day every year through different campaigns and seminars. These campaigns, seminars and rallies are organized to create awareness that how tobacco harms our body and our lives. With the support of CTC Islamabad Joy Foundation organizes programs every year on World no Tobacco Day.



2. Theatre Team and Youth Group



Joy Foundation has an active and trained theatre team. Joy Foundation theatre team has been doing theatre on Peace day, World no tobacco day, International day of PWDs, Women day. There are about 25 team members. The theatre team also collaborated with Caritas in year 2014 and did a theatre on hygiene with the community.

Joy Foundation also has a youth group which actively prepares programs for the peace day, Independence Day and many other national and international days. There are about 30 youth group members who are very hardworking and active.

3. Training with other organization

Maham from Joy Foundation attended 2 day TOT with FACES Pakistan. About 20 participated in the training. The training was organized with the collaboration of UNV, to find ways to implement the Sustainable Development Goals (SDGs) in our country. The trainers explained that how could volunteerism become a crosscutting theme for the implementation of the SDGs. They explained that if we join together to give ourselves for the development of our country we can create a great impact. They defined volunteerism and told that it is the most powerful thing for the development of a country.



Independence Day 2015

On 14th August 2015, Joy Foundation organized a program in Chak 424 JB, Gojra. As Joy Foundation works with children, the program was organized with children from different schools of Chak 424 JB. The Children presented speeches, national songs, funny dramas, Independence Day acts and a culture show. All the children performed very well. At last culture show was presented, which gave a beautiful message to love the cultures and traditions of our beloved country. All the guests also appreciated the hard work of the teachers and children. At last, Director of Joy Foundation thanked all the participants and teachers for such a wonderful program. He appreciated the hard work of the children and gave a message that "Peace begins with a Smile". At the end gifts were distributed among all the children.

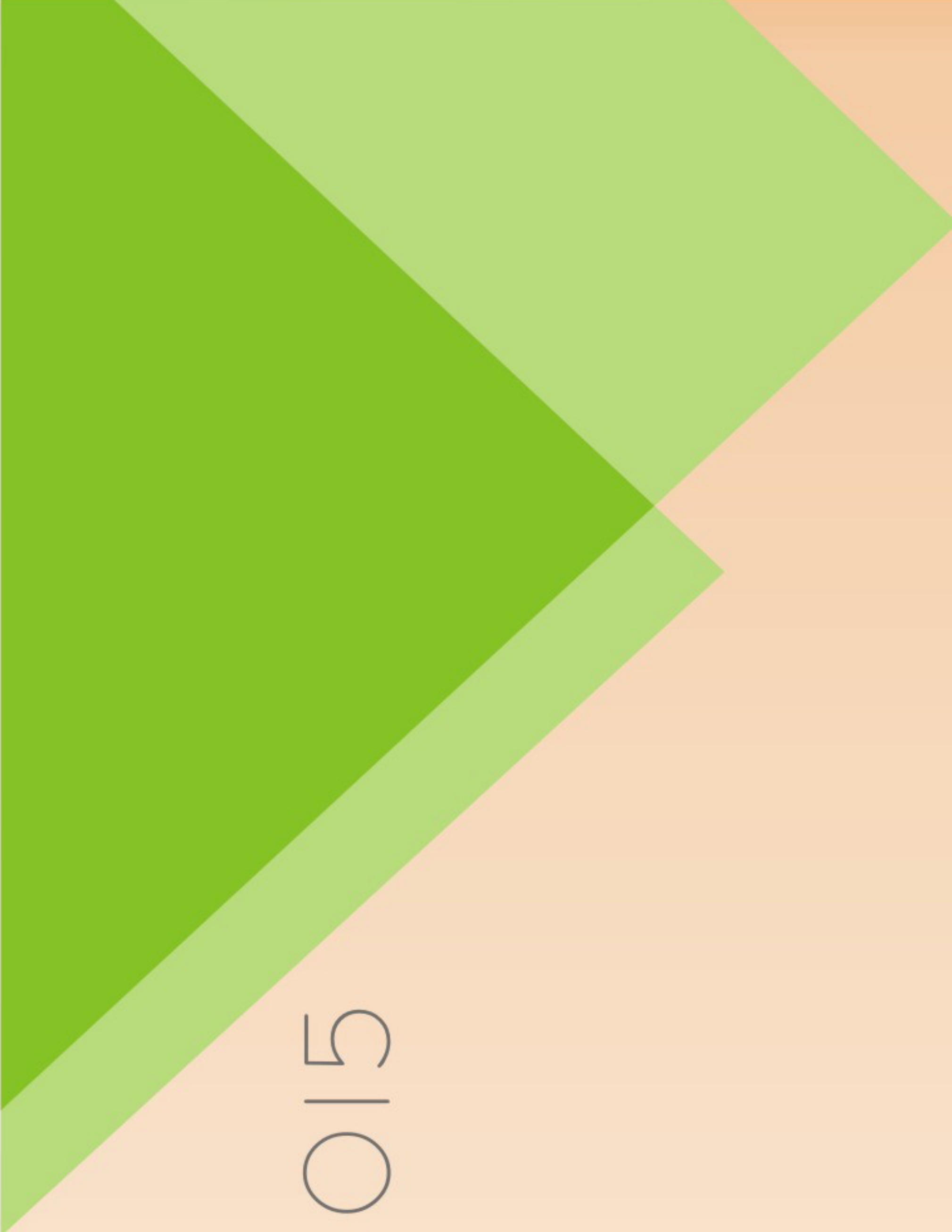


Free Books Distribution

Joy Foundation has been distributing free books among children of classes' nursery to 10. Joy Foundation aims to help those communities who cannot afford education of their children. Generally parents cannot afford to send their children to school. Parents with five to six children cannot afford school fees, books and uniforms. So Joy Foundation helps them to educate their children. Every year Joy Foundation organizes a program in which books are distributed among these children so that they can continue their education.



- ❖ Joy Foundation is mostly working in village areas. People do not have jobs and they work in fields. Due to this, we have to visit them at the time available be them. Men along with women and sometimes children also work in fields to earn their living. So every time we have to set time with the people when they are at home to visit them. Most of the time we have to manage time after the office timings, which is difficult for the staff but still the visits are done.
- ❖ Working especially for inclusive education of children is a challenge. Because this is new concept for them, therefore they do not understand it. We are working with those children who belong to the very low class. These people are afraid to send their children to the inclusive education centers and formal education school. But Joy Foundation staff tries its best to motivate the parents and ensure the safety of their children. The parents trust us and send their children to our school and centers.
- ❖ Although difficult, yet Joy Foundation staff tries to motivate the parents to send their children to school, who have never been to school before. Some of the parents take their children to the fields with them just for a little extra earning. So the staff motivates and encourages these parents to let them get education because a person can earn more if he is educated. The best thing is this that people understand us but the motivation procedure takes a little time.
- ❖ Working with disable persons is a great challenge. Some people do not cooperate with us because they are afraid we might take some advantage through the disable children. So we try to assure them that we are trying to uplift these special persons, so that they do not depend on others. Some parents cooperate very well while some parents take time in trusting us but Joy Foundation staff encourages these parents as well and pushes them to let their disable children move forward in their lives.
- ❖ While working for women, in rural areas women do not come out of their houses very often. Girls are not allowed to get education or do any kind of job. While opening literacy centers, computer centers and sewing center, it is also a challenge to bring the women and girls out of their houses to get different skills. Although we overcame this challenge in all the areas, where these centers are but it was really a hard job. It took a lot of time to motivate the parents, girls and women to seek for a better future.



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Madina Colony St # 2 Shorkot Road Toba Tek Singh 36050 Punjab, Pakistan

Telephone: +92-46-2517752 **E-mail:** joyfoundationpak@gmail.com

Website: joyfoundationpak.org